

THE 4TH

BRILLIANT

SAVE
BINGLEY
POOL

BINGLEY BIATHLON

14TH JULY 2019

11AM - 5PM
RUN + SWIM



An event organised by the Friends of Bingley Pool in partnership with Bingley Amateur Swimming Club and Bingley Harriers and Athletics Club.
Proceeds from the event will be shared equally



SWIM in Bingley Pool - **RUN** in Myrtle Park

MORE DETAILS and **HOW TO ENTER**

www.entrycentral.com/BingleyBiathlon or pick up an entry form at Bingley Pool.

Registration fee: £10 per adult and £5 for children and concessions
(pay online or leave a cheque/cash with the entry form at Bingley Pool)

Team Entry - £15 per team

(1 runner, 1 swimmer = age handicap applied to average of ages)

Deadline for entries: 12th July 2019

FAMILY FRIENDLY FUN!

Refreshments and entertainments will be located in Myrtle Park - this is a fun event for the whole community of Bingley and beyond. Food stalls and children's activities.

www.bingleypool.com



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SINGLE & TEAM ENTRIES!
see overleaf

RACE FORMAT

Modern Biathlon consists of separate swimming and running events with points awarded according to the time to complete the course.

Class (year of birth)	Swim distance (lengths)	Run distance
U10 (2009/10)	2	800m
U11 (2008)	2	800m
U12 (2007)	2	800m
U13 (2006)	4	1600m
U14 (2005)	4	1600m
U15 (2004)	8	1600m
U16 (2003)	8	1600m
U17 (2002)	8	1600m
U19 (2001/00)	8	1600m
Junior (1999/98)	8	1600m
Senior (1997 or earlier)	8	1600m
Masters (1983 or earlier)	4	1600m

